



**MINUTES OF THE
WASHOE COUNTY HUMAN SERVICES AGENCY
SENIOR ADVISORY BOARD MEETING**

December 6, 2017
Washoe County Senior Center, 1155 E. 9th Street, Reno, Nevada 89512
Game Room

- 1. Call To Order** - Meeting was called to order at 3:02 p.m. by Chair-Dr. Larry Weiss.
- 2. Roll Call** – Dr. Larry Weiss asked for the roll call; Crissy Lessard took the roll. There was a quorum present.

WASHOE COUNTY SENIOR SERVICES ADVISORY BOARD PRESENT:

PRESENT

Dr. Larry Weiss
Wayne Alexander
Marsy Kupfersmith
Garth Elliot

Margaret Reinhardt
Donna Clontz
Barbara Korosa
Rick Sorensen

ABSENT (EXCUSED*)

Sandra Dexter*
Marsy Kupfersmith*
Stan Dowdy*
Sarah Deardorff

WASHOE COUNTY STAFF PRESENT

Crissy Lessard
Commissioner Kitty Jung

Leslie Admirand (DA)
Todd Acker

ADVISOR (ABSENT)

Victoria Edmondson

PUBLIC PRESENT

Jeanne Herman

3. *Public Comment –

Jeanne Herman stated a bus for Cold Springs was bought and it has been used only 3 times in the last 7 months. The idea of the bus was to be used by Cold Springs seniors for things such as doctor appointments and functions, but that has not been the case. Ms. Herman stated there might be a shortage of drivers, but maybe board members could volunteer to drive the bus. Larry asked if the problem is not having a driver. Todd Acker stated there are conversations going on with Risk Management of what can and cannot be done with the bus. Garth Elliot stated there is a grand opening on Friday for Pyramid and McCarran area that is done with construction.

4. *Member Announcements –

Donna stated she brought Senior Connect booklet for seniors to look over. Every month is different and currently the winter games are featured.

Larry stated they had the Caregiver Award Luncheon. They had 95 caregivers that were honored and it was a great function. In the Senior Connect there is also an advertisement for the senior walking program and anyone that has questions can contact him. There is also “Be a Santa to a Senior” event and there is going to be a wrapping party at the Senior Center on Saturday.

Garth stated Ken is working with the people from Sun Valley because the food pantry was removed and they want to re-instate it.

5. Approval of the Agenda for the Advisory Board Meeting on December 6, 2017.

Motion to approve the Agenda was made by Margaret Reinhardt and seconded by Garth Elliott. Motion passed unanimously.

6. Approval of the Minutes for the Advisory Board Meeting on November 1, 2017.

Motion to approve the minutes was made by Rick Sorensen and seconded by Donna Clontz. Motion passed unanimously.

7. *Update on Sparks Senior Citizen Advisory Committee – Donald Abbott

Donald stated he talked with Mr. Driscoll and they will be looking into the Bylaws and working with him to take it to council for a vote.

8. Nomination and possible approval for Connie McMullen as Associate Member for the Board pursuant to Article III, Section 3 of the Bylaws of the Washoe County Senior Services Advisory Board (For Possible Action)

Donna stated the Bylaws allow nominating a person from the community that has experience working with seniors. The nominee would help the Board do their work better and are not a voting member. Victoria Edmondson is one of the current advisors. Connie McMullen has been a full participant in the Board and her and her husband run Senior Spectrum; she is also active with the legislature.

Motion to approve the Connie McMullen was made by Donna Clontz and seconded by Wayne Alexander. Motion passed unanimously.

9. Report, discussion, and possible recommendations regarding appointments for new board members (For Possible Action)

a. Application from Scott Benton

Larry stated they are unable to consider Scott Benton’s application because district 4 is full. He is invited to attend meetings as public and when there is a vacancy in the future for his district, he will be considered.

10. Report, discussion, and possible recommendations regarding age friendly communities sponsored by AARP throughout the county and cities (For Possible Action)

Donna stated the steps that still need to be taken is to notify elected officials of what the age friendly city process is all about. Commissioner Jung was at the last meeting in November and she was in support. Part of the process is that a government entity spearheads the process and does the application. Step 1 is to notify and step 2 is having one of the government entities to say yes, they will do it. Larry stated his vision is to be a part of a planning and steering

committee with the help of AARP and everyone work together to make it happen. Wayne asked if AARP has someone working on it, Larry stated there is, it's Barry Gold. Wayne asked if Barry Gold could talk to the Board about what he is doing; Larry stated they will work on having Barry Gold give a talk.

11. Report, discussion, possible recommendations and updates on the Advisory Board member's Shared Issues and Goals for Housing, Advocacy, Communication & Information, Data Planning, Transportation, Nutrition Programs, Social & Recreation, Senior Law, Volunteering, Financing, and Social & Health Services (For Possible Action)

Garth stated he is only able to deal with issues in Sun Valley because he is a representative of the community. It would be good to get the word out to people so they can use programs available. In regards to transportation, Garth stated he has to rattle the cages at RTC because North Valley routes need to be re-established due to major growth that is projected in the North Valleys. Margaret stated maybe the Sun Valley Senior Center can host the food pantry that was lost at the center. Crissy stated there are 2 food pantries going per month at the Sun Valley Senior Center. Commissioner Jung stated they should be able to have the food pantry that was at the Nazarene Church at the Sun Valley Senior Center.

Rick Sorensen asked how to get started in the areas requested, Larry stated it can start with presentations and from there knowing what can be done. Rick also stated that he doesn't see Education in one of the boxes and that it could fall under Information or Social.

Donna stated it may be good to concentrate on 2 items each meeting.

Margaret is interested in signing up for Senior Law and Food.

Barbara would like to sign up for Increase Financing, Grants, and Fundraising.

Larry stated he attended a low income senior housing meeting and it dealt specifically with seniors being discharged from hospitals and having housing issues. It's important to educate caregivers about discharge plans because he has come across caregivers that are not educated.

12. *Update for Senior Nutrition Program

Todd stated the Senior Ambassador Program has grown substantially. They have over 30 volunteers and deliver about 3,953 meals last month and an additional 148 shelf stable meals. It may be about 4,000 meals delivered at the end of December or the end of January. The goal is to grow it by that much or more the next calendar year. Garth asked if they can get demographics where growth is happening in each community for home delivered meals and number of meals per community center. Todd stated at the beginning of 2017 there were roughly 550 addresses on the Home Delivered Meals program and they have added 180 addresses with help of volunteers. Larry stated that the research that was done shows only 11% of the need was being met and he would like to know if that has increased or decreased; it would also be good to connect it with the master plan.

13. * Update for senior center being planned at Incline Village

No report, request for Ken to pass information to county staff for report.

14. Discussion and possible recommendations for updating senior services Master Plan (For Possible Action)

No report, request for Ken to pass information to county staff for report.

15. *Agenda items for the next Board meeting

Update and discussion on Cold Springs donated van and how the Board can be helpful in supporting increased use

Request for 2 reports from each of the shared goals

Update for Master Plan

Orientation for new members

Joint meeting agenda will have shared goals

Joint meeting agenda will have planning and discussion for Older American Month and request that everyone bring in ideas that will benefit seniors and take part in planning for O.A.M.

16. *Public comment -

Wayne stated that the dates on the Senior Connect for the Winter Games need to be corrected. Barbara Deavers stated Faith Lutheran has a food pantry and she would like to talk to them about having the pantry more than once a month. Donna stated there is a list on the rack for food pantries in the area.

Garth stated in 2008 there was a permit for one house and now he sees construction all around the area. He heard on the news that one of the contractor complaints is that it takes about 2 years for builders to go through regulations and get all their permits. Garth stated that he has seen a huge amount of growth.

Commissioner Kitty Jung stated she asked in their meeting if HR could look into caregiver support to employees who are giving support to their aging family members.

Larry stated they have thousands of resource guides and they will also be printed in Spanish.

Commissioner Kitty Jung stated there will be a meeting for public lands to relinquish some of the public lands for economic development growth.

Donna stated the Kiwanis Club of Sparks is attending the Reno center on Thursday 12/14 and will be having lunch with seniors and singing Christmas carols.

17. Adjournment (For Possible Action)

Motion to adjourn was made by Garth Elliott and seconded by Wayne Alexander. Motion was unanimous. Meeting adjourned at 4:18 pm.